

VOL. 1 | SEPTEMBER 2021

# FUTURES UNLIMITED

## COMMUNITY INTEGRATION SERVICES

Updates for participants, families, and community partners



### OVERVIEW:

- COVID-19 questions answered
- Updated CDC guidelines
- What Futures Unlimited is doing

At Futures Unlimited, we will continue to engage our participants remotely to provide person-centered services while they shelter in place. Our staff work with interns in achieving some of the daily goals they have set for themselves as we all practice social distancing. We take the opportunity to continually remind our interns the things they need to do at this time to protect themselves and those around them from contracting COVID-19.

### Our "new normal"

As we reimagine our services in this public health crisis Futures Unlimited will continue to provide our participants, their families, homes, our staff, and community partners with updates on what we are doing to support each other. As we head into the fall, updates will be delivered periodically until the situation has stabilized. ▶



# COVID-19 questions answered

**Q: Do vaccinated people need to wear masks?**

A: Yes, when they are around unvaccinated people, or indoors.

**Q: Can you get COVID-19 if you are vaccinated?**

A: Yes. No vaccine is 100% effective and, though rare, fully vaccinated people can contract coronavirus. The delta variant has been proven to be very contagious and a very small percentage of vaccinated persons have gotten the virus.

**Q: How serious are breakthrough COVID-19 cases?**

A: While it's still possible for those who receive the vaccine to contract COVID-19, it's important to remember that those numbers are low. More importantly, the number of breakthrough cases that result in serious illnesses, hospitalizations or death are extremely low.

**Q: Can you spread COVID-19 if you are vaccinated?**

A: Yes. Fully vaccinated people who get a Covid-19 breakthrough infection can transmit the virus.

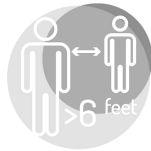
**Q: Does the vaccine prevent spread of COVID-19?**

A: YES! Getting vaccinated prevents severe illness, hospitalization, and death; it also helps reduce the spread of the virus in communities. Unvaccinated individuals should get vaccinated and continue masking until they are fully vaccinated.

Get vaccinated.



Wear a mask.



Stay 6 feet from others, and avoid crowds.



Wash hands often.

NEW CDC GUIDELINES

## WEARING MASKS WHEN VACCINATED

PROTECT YOURSELF AND OTHERS BY KNOWING WHEN AND WHERE TO WEAR A MASK



### NO MASK REQUIRED

SPENDING TIME OUTDOORS WITH HOUSEHOLD MEMBERS, OTHER FULLY VACCINATED PEOPLE OR UNVACCINATED PEOPLE WHO ARE WEARING MASKS -- INCLUDING DINING AT OUTDOOR RESTAURANTS

### MASKS SUGGESTED

ATTENDING CROWDED OUTDOOR EVENTS, OR BUSY PUBLIC INDOOR SPACES LIKE MOVIES, CHURCH, HAIR SALONS, SHOPPING OR INDOOR RESTAURANTS

### LESS SAFE

UNVACCINATED PEOPLE SHOULD CONTINUE WEARING MASKS AROUND OTHER UNVACCINATED PEOPLE OUTDOORS AS WELL AS INDOOR SETTINGS WHEN SOCIAL DISTANCING IS POSSIBLE

### LEAST SAFE

THE CDC SAYS UNVACCINATED PEOPLE ARE AT HIGHEST RISK ATTENDING CROWDED OUTDOOR OR BUSY INDOOR FUNCTIONS -- EVEN WITH A MASK

## Updated CDC guidelines

You are advised to stay home if you are sick and limit close contact with people who are sick. Wash your hands often with soap and water for at least 20 seconds. If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol.

Avoid touching your eyes, nose, and mouth. Cover your cough or sneeze with a tissue, then throw the tissue in the trash. If you do not have a tissue, use your sleeve (not your hands). Use face masks if you have to go outside.



## What Futures Unlimited is doing

### Person-centered Planning

Futures Unlimited is currently offering person-centered planning services for participants who want to develop highly personalized plans to help them achieve set goals. Our staff will be assisting participants in creating plans that will help them succeed in paid internship programs and full-time employment.

Through Futures Unlimited, participants have a pathway to realizing their dreams of owning

their own businesses. Our person-centered plans provide robust support in doing the hard work that is necessary in helping participants develop viable enterprises. Our staff will work with them in creating personalized plans outlining the steps they will take in making their dreams come true.

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